

# Adam Bode

## Curriculum Vitae

**Affiliation:** School of Archaeology and Anthropology, ANU College of Arts and Social Sciences, Australian National University, Canberra, Australian Capital Territory, Australia 0200

**Personal Address:** xxx

**Email:** [adam.bode@anu.edu.au](mailto:adam.bode@anu.edu.au)

**Phone:** +61 401424710

**Website:** [adambode.net](http://adambode.net)

**Languages:** English (Native), French (B1/B2)

## Academic Appointments

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<b>Sessional Academic</b> Institute of Health and Wellbeing <i>Federation University Australia</i>	2024-Present
<b>Visiting Fellow</b> Centre for Research and Action in Public Health <i>University of Canberra</i>	2010

## Education

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<b>PhD (Biological Anthropology)</b> <i>Australian National University</i>	Expected completion June 2025
<b>Bachelor of Laws</b> <i>Australian National University</i>	2011
<b>Bachelor of Psychology (Honours)</b> <i>Australian National University</i>	2009

## Research Experience

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<b>Research Assistant</b> Implementing Expanding Naloxone in the ACT Evaluation	2014
<b>Grant Writer (Sole Trader)</b> Australian Institute for Aboriginal and Torres Strait Islander Studies	2012
<b>Research Officer</b> Australian National Council on Drugs	2009-2011
<b>Research Assistant</b> National Centre for Epidemiology and Population Health <i>Australian National University</i>	2008-2010

**Survey Interviewer**

2007-2010

National Drug and Alcohol Research Centre  
 University of New South Wales

## Peer Reviewed Journal Articles

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**Bode, A.**, & Kavanagh, P. S. (2023). Romantic Love and Behavioral Activation System Sensitivity to a Loved One. *Behavioral Sciences*, 13(11). doi:10.3390/bs13110921

Kowal, M., Sorokowski, P., Dinić, B. M., Pisanski, K., Gjoneska, B., Federick, D.A., . . . **Bode, A.** . . . Sternberg, R. J. (2023). Validation of the Short Version (TLS-15) of the Triangular Love Scale (TLS-45) across 37 Languages. *Archives of Sexual Behavior*. doi:10.1007/s10508-023-02702-7

**Bode, A.** (2023). Romantic Love Evolved by Co-opting Mother-infant Bonding. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.1176067

**Bode, A.**, & Kowal, M. (2023). Toward Consistent Reporting of Sample Characteristics in Studies Investigating the Biological Mechanisms of Romantic Love. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.983419

**Bode, A.**, & Kuula, L. (2021). Romantic Love and Sleep Variations: Potential Proximate Mechanisms and Evolutionary Functions. *Biology*, 10(9). doi:10.3390/biology10090923

**Bode, A.**, & Kushnick, G. (2021). Proximate and Ultimate Perspectives on Romantic Love. *Frontiers in Psychology*, 12(1088). doi:10.3389/fpsyg.2021.573123

Dolan, K., Rodas, A., & **Bode, A.** (2015). Drug and Alcohol Use and Treatment for Australian Indigenous and Non-Indigenous Prisoners: Demand Reduction Strategies. *International Journal of Prisoner Health*, 11(1), 30-38. doi:10.1108/IJPH-02-2014-0005

Hogan, A., **Bode, A.**, & Berry, H. (2011). Farmer Health and Adaptive Capacity in the Face of Climate Change and Variability. Part 2: Contexts, Personal Attributes and Behaviors. *International Journal of Environmental Research and Public Health*, 8(10). doi:10.3390/ijerph8104055

Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). Decisions Made by Farmers That Relate to Climate Change. *Agricultural Science*, 23(1), 36-39. doi:10.3316/informit.977617084152339

## Articles Submitted and Under Review

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Kowal., M. & **Bode, A.** (In preparation). Love Beyond and Above Personality: Big Five Personality Traits and the Intensity of Commitment Among Individuals Experiencing Passionate Love. *Journal of Research in Personality*.

**Bode, A.** & Kavanagh, P. S. (Submitted). Variation Exists in the Expression of Romantic Love: A Cluster Analytic Study of Young Adults Experiencing Romantic Love. *Personality and Individual Differences*.

Kowal, M., **Bode, A.**, Koszalkowska, K., Roberts, S.C., Gjoneska, ., Frederick, D.A., . . . Sorokowski, P. (Submitted). Love as a Commitment Device: Evidence from a Cross-cultural Study Across 90 Countries. *Human Nature*.

- Bode, A.**, Luoto, S., Kowal, M., Cannas Aghedu, F., & Kavanagh, P.S. (Submitted). Sexual Orientation and Romantic Love. *Personality and Individual Differences*.
- Bode, A.** & Kowal, M. (Submitted). Love on the Spectrum: A Preliminary Investigation of the Links Between ASD Diagnosis and Romantic Love Features in Young Adults Experiencing Romantic Love. *Journal of Autism and Developmental Disorders*.
- Bode, A.**, Kowal, M., Cannas Aghedu, F. & Kavanagh, P. S. (Submitted). SSRI Use Does Not Influence the Intensity of Romantic Love, Obsessive Thinking About a Loved One, Commitment, or Sexual Frequency in Young Adults Experiencing Romantic Love. *Journal of Affective Disorders*.
- Bode, A.** & Kowal, M. (Submitted). No Evidence for Differences in Romantic Love Between Young Adult Students and Non-students. *Journal of College Student Development*.
- Bode, A.**, Kowal, M., Cannas Aghedu, F., & Kavanagh, P. S. (Under review). Relationship Duration, Intensity of Romantic Love, Commitment, and Elevated Mood Do Not Predict Sexual Frequency Among Young Adults in the First Two Years of Romantic Love. *Journal of Sex and Marital Therapy*.
- Bode, A.**, & Kavanagh, P. S. (Under revision). Biological Sex and Romantic Love Among Partnered Young Adults in the First Two Years of Being In Love: An Evolutionary Approach. *Biology of Sex Differences*.
- Kowal, M., Al-Shawaf, L., Varella, M. A. C., Valentova, J. V., Aguilar, L., . . . **Bode, A.**, . . . Sorokowski, P. (Under review). Insights on the Importance of Physical Attractiveness: Two-step Cluster Analysis on Data from 93 Countries. *International Journal of Consumer Studies*.

## Manuscripts in Preparation

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- Kowal, M., Sorokowski, P., Roberts, S. C., Misiak, M., **Bode, A.**, . . . Zumárraga-Espinosa, M. (In preparation). Predictors of Romantic Love Experiences Across a Multitude of Nationally Representative Samples.
- Pfuhl, G., Prazeres, F., Kowal, M., Aavik, T., Abad-Villaverde, B., . . . **Bode, A.**, . . . Sorokowski, P. (In preparation). A preliminary Study on the Role of Personal History of Infectious and Parasitic Diseases on Self-reported Health Across Countries.
- Bode, A.**, Kowal, M., Cannas Aghedu, F., & Kavanagh, P. S. (In preparation). Big-5 Personality Traits and Sexual Frequency Among Young Adults Experiencing Romantic Love.
- Bode, A.**, Karwowski, M., Kowal, M., & Kavanagh, P.S. (In preparation). Factors Associated With Self-Perceived Increased Creativity Among Young Adults Experiencing Romantic Love.
- Cannas Aghedu, F., **Bode, A.**, McGuire, L., & Graziani, P. (In preparation). Reliability and Validity of a French Version of the Multidimensional Evaluation of Love Scale (MEVOL-FR).
- Bode, A.**, Kowal, M., Kuula, L., & Kavanagh, P. S. (In preparation). Predictors of Self-reported Need for Less Sleep Among Partnered Young Adults in the First Two Years of Romantic Love.
- Bode, A.**, Koppel, S., Kowal, M., & Kavanagh, P. S. (In preparation). Predictors of Self-reported Riskier Driving Among Young Adults in the First Two Years of Romantic Love.
- Bode, A.**, Geher, G., Longo, K., & Kavanagh, P. S. (In preparation). Factors Associated With Unequal Romantic Love Relationships in Young Adults.

**Bode, A.**, Greenhill, S. J., Hendershott, R., & Balolia, K. (In preparation). Correlated Evolution of Social Monogamy and Paternal Investment with Territoriality in Non-human Primates.

**Bode, A.**, Kowal, M., Kavanagh, P. S., & Acevedo, B. (In preparation). Predictors of Years “In Love” Among Young Adults: Insights Into Long-term Romantic Love.

## Book Chapters in Preparation

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**Bode, A.** & Kowal, M. (In preparation). Using an Evolutionary Approach to Study Romantic Love. In C. Mayer & E. Vanderheiden (Eds.), *International Handbook of Love* (Second ed.).

## Commissioned Reports

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Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). Decisions Made by Farmers that Relate to Climate Change. Canberra, Australia. Report commissioned by the the Rural Industries Research and Development Coproration.

Rodas, A., **Bode, A.**, & Dolan, K. (2011). Supply, Demand, and Harm Reduction Strategies in Australian Prisons: An Update. Civic Square, Australia. Report commissioned by the Australian National Council on Drugs.

Berry, H.L., **Bode, A.**, & Capon, T (2011). ‘Mental Health in Australia’s Million-plus Cities: Social Environments, Physical Environments and Psychological Dynamics.’ Australian Government Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA) Social Policy Research Services Grant, FCH 2007/03e (Unpublished report).

## Conference and Symposium Presentations

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**Bode, A.** & Kavanagh, P. S. (2024, January 3-6). Phenotypes of Romantic Love. Presentation at the Conference on Love Studies, Gran Canaria/ Online.

**Bode, A.** & Kavanagh, P. S. (2023, December 11-13). Are There Different Phenotypes of Romantic Love? Presentation at the 37th Annual Conference of the Australasian Society for Human Biology, Brisbane.

**Bode, A.**, Kowal, M., & Kavanagh, P. S. (2023, October 27). Time in Love, but not Relationship Duration, Predicts Commitment in Young Adults Experiencing Romantic Love. Presentation at the 2023 loveresearch.info Symposium, Online.

Longo, K.\*, **Bode, A.**, Kavanagh, P. S., & Geher, G. (2023, October 27). Factors Associated With Unequal Romantic Love Relationships in Young Adults. Presentation at the 2023 loveresearch.info Symposium, Online.

**Bode, A.**, Kowal, M., Cannas Aghedu, F.\*, & Kavanagh, P. S. (2023, October 27). Relationship Duration, Intensity of Romantic Love, Commitment, and Elevated Mood Do Not Predict Sexual Frequency Among Young Adults in the First Two Years of Romantic Love. *Journal of Sex Research*. Presentation at the 2023 loveresearch.info Symposium, Online.

**Bode, A.** (2023, June 1-4). Romantic Love Evolved by Co-opting Mother-infant Bonding. Presentation at the Evolution 2023 Conference, Albuquerque/ Online.

- Bode, A., & Kavanagh, P. S.** (2023, April 20-23). Biological Sex and Romantic Love Among Partnered, English-speaking, Young Adults in the First Two Years of Being In Love: A Bottom-up Evolutionary Approach. Presentation at the NorthEastern Evolutionary Psychology Society Conference, New Paltz/ Online.
- Bode, A.** (2022, December 14-16). Romantic Love Evolved by Co-opting Mother-infant Bonding: Introducing a New Model. Presentation at the Australasian Evolution Society Conference, Canberra.
- Bode, A.** (2022, December 12-14). Psychological and Biological Evidence Suggests that Romantic Love Evolved by Co-opting Mother-infant Bonding. Presentation at the Australasian Society for Human Biology Conference, Sydney/ Online.
- Bode, A.** (2022, November 25). The Theory of Co-opting Mother-infant Bonding Explains the Mechanisms of Romantic Love. Presentation at EPinOZ, Sydney/ Online.
- Bode, A.** (2022, October 7). A New Evolutionary Model Explains the Mechanisms of Romantic Love. Presentation at the 2022 loveresearch.info 2022 Symposium, Online.
- Bode, A., Berry, H. L., & Kelly, B.** (2009, December 1-4). Patterns and Correlates of Drinking and Smoking in a Rural Sample Reporting Very Low Levels of Psychological Distress. Presentation at the Australian Society for Psychiatric Research Annual Conference, Canberra.

## Poster Presentations

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- Bode, A. & Kavanagh, P. S.** (2024, February 1-2). A Cluster Analytic Study of Partnered Young Adults in the First Two Years of Romantic Love. Poster presented at the ANU School of Archaeology and Anthropology 50<sup>th</sup> Anniversary Conference, Canberra.
- Bode, A., Berry, H. L., Kelly, B., Coleman, C., & Stain, H. J.** (2008, December 3-5). Alcohol, Tobacco, and Mental Health in a Rural Sample. Poster presented at the Australasian Society for Psychiatric Research Annual Conference, Newcastle.

## Datasets

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- Bode, A., & Kavanagh, P. S.** (2022). *Romantic Love Survey 2022*. Retrieved from:  
<https://doi.org/10.15139/S3/WBVMFG>

## Theses

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- PhD thesis (Biological Anthropology)** In progress  
*Australian National University*  
Title: Evolutionary Perspectives on Romantic Love  
Supervisor: Assoc Prof Phillip S. Kavanagh (University of Canberra)

**Honours thesis (Psychology)**

2009

*Australian National University*

Title: Drinking, Smoking, and Mental Health in a Rural Sample Reporting Very Low

Levels of Psychological Distress

Supervisor: Prof Helen E. Berry

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**Editorial Roles**

**Guest Editor Assistant**

Behavioral Sciences

2023-2024

*Advances in the Science of Mating, Love, and*

*Attachment in Romantic Relationships*

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**Reviewer Roles**

Behavioral Sleep Medicine; Heliyon; International Journal of Environmental Research and Public Health; International Journal of Prisoner Health; Journal of Family Psychology; Journal of Men's Health; Journal of Social and Personal Relationships; Personality and Individual Differences

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**Lectures**

**Teaching Institute of Love Studies (Online)**

Promises and Pitfalls in Measurements of Love

7 January 2024

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**Invited Talks**

**Interpersonal Relationships Lab (Online)**

24 April 2024

*Victoria University of Wellington*

**Relationships Lab (Online)**

25 March 2024

*Utrecht University*

**Attraction and Relationships Research Laboratory (Online)**

25 May 2022

*University of California, Davis*

**Laboratory for Comparative Neurobiology of Monogamy (Online)**

24 February 2022

*University of California, Davis*

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**Supervision**

**Supervisor**

Honours (Psychology)

*Federation University Australia*

Romantic Love Predictors of Hypomanic-like Features in

Young Adults Experiencing Romantic Love

2024

**Supervisor** Association Between Domains of Health-Related Quality 2024  
 Honours (Psychology) of Life and Relationship Satisfaction in Young Adults  
*Federation University Australia* Experiencing Romantic Love

**Supervisor** Association of Hypomanic-like Features and Frequency of 2024  
 Honours (Psychology) Sex with Obsessive Thinking About a Loved One in Young  
*Federation University Australia* Adults Experiencing Romantic Love

## Leadership

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[loveresearch.info](http://loveresearch.info)

June 2021-Present

*Founder & Administrator*

- Website creation and maintenance
- Monthly email update
- Symposia organiser (2022-2023)
- Microgrant adjudicator



## Software Experience

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AMOS; BayesTraits; Covidence; PROCESS; Qualtrics; R (Lavaan); SPSS; SurveyMonkey

## Awards and Achievements

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**Journal issue cover article** 2023  
*Behavioral Sciences v13(11)*

**3rd place Student Podium Prize** 2022  
*Australasian Society for Human Biology Conference*

**Invitation to contribute to Rising Stars in Evolutionary Psychology 2022** 2022  
*Frontiers in Psychology: Evolutionary Psychology*

## Scholarships

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**Australian Government Research Training Program Stipend Scholarship** 2021-2023  
*Australian Government*

**Australian Government Research Training Program Scholarship** 2020-2024  
*Australian Government*

## Top Altmetrics Scores

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**738** Bode, A., & Kavanagh, P. S. (2023). Romantic Love and Behavioral Activation System Sensitivity to a Loved One. *Behavioral Sciences*, 13(11). doi:10.3390/bs13110921

- 175 **Bode, A.**, & Kushnick, G. (2021). Proximate and Ultimate Perspectives on Romantic Love. *Frontiers in Psychology*, 12(1088). doi:10.3389/fpsyg.2021.573123

## University Media Releases

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**Love Scrambles the Brain and Scientists Can Now Tell Us Why** 09 January 2024  
*University of South Australia*

## Selected Media Appearances or Coverage

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ABC Radio National	<a href="#">What we're learning about romantic love</a>	29 January 2024
Guardian Australia	<a href="#">Love story: Australian researchers becoming world leaders in the study of romantic love</a>	15 January 2024
Reloscope #28	<a href="#">Adam Bode: The Biology and Psychology of Romantic Love</a>	16 June 2023

## Media Articles

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**Bode, A.** (2011). What is Justice Reinvestment. *Of Substance: The National Magazine on Alcohol, Tobacco and Other Drugs*, 9(1), 14-15.

## Paid Consultancies and Advice

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The Research Agency 2024

## Professional Development

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<b>Introduction to Genomic Technologies</b> <i>Johns Hopkins University</i>	2023
<b>Collaborate Effectively for Professional Success</b> <i>IBM</i>	2023
<b>Crowdfunding</b> <i>University of Pennsylvania</i>	2023
<b>Fundamental Neuroscience for Neuroimaging</b> <i>Johns Hopkins University</i>	2023
<b>New Supervisor</b> <i>Australian Institute of Management</i>	2018



## Professional Memberships

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Association for Psychological Science  
Australasian Society for Human Behaviour and Evolution  
Australasian Society for Human Biology  
Australian-French Association for Research and Innovation  
French Network for the Evolutionary Study of Humans  
Human Behavior and Evolution Society  
International Association for Relationship Research  
International Society for Human Ethology

## Referees

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<b>Associate Professor Phil Kavanagh</b> <i>University of Canberra</i>	PhD Supervisor, Collaborator	phil.kavanagh@canberra.edu.au
<b>Dr Marta Kowal</b> <i>University of Wrocław</i>	Collaborator	marta.kowal@uwr.edu.pl
<b>Professor Bianca Acevedo</b> <i>University of California, Santa Barbara</i>	Collaborator	bianca.acevedo@lifesci.ucsb.edu