

Adam Bode

Curriculum Vitae

Affiliation: School of Archaeology and Anthropology, Australian National University

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Website: adambode.net

Google Scholar citations: 203

Languages: English (Native), French (B1/B2)

Education

PhD (Biological Anthropology) Australian National University	Expected completion June 2025
Bachelor of Laws Australian National University	2011
Bachelor of Psychology (Honours) Australian National University	2009

Research Experience

Implementing Expanding Naloxone in the ACT Evaluation <i>Research Assistant</i>	2014
Australian Institute for Aboriginal and Torres Strait Islander Studies <i>Grant Writer (Sole Trader)</i>	2012
Australian National Council on Drugs <i>Research Officer</i>	2009-2011
Centre for Research and Action in Public Health <i>Visiting Fellow</i> University of Canberra	2010
National Centre for Epidemiology and Population Health <i>Research Assistant</i> Australian National University	2008-2010
National Drug and Alcohol Research Centre <i>Survey Interviewer</i> University of New South Wales	2007-2010

Peer Reviewed Journal Articles

Bode, A., & Kavanagh, P. S. (2023). Romantic Love and Behavioral Activation System Sensitivity to a Loved One. *Behavioral Sciences*, 13(11). doi:10.3390/bs13110921

- Kowal, M., Sorokowski, P., Dinić, B. M., Pisanski, K., Gjoneska, B., Frederick, D. A., . . . **Bode, A.** . . . Sternberg, R. J. (2023). Validation of the Short Version (TLS-15) of the Triangular Love Scale (TLS-45) across 37 Languages. *Archives of Sexual Behavior*. doi:10.1007/s10508-023-02702-7
- Bode, A.** (2023). Romantic love evolved by co-opting mother-infant bonding. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.1176067
- Bode, A.**, & Kowal, M. (2023). Toward consistent reporting of sample characteristics in studies investigating the biological mechanisms of romantic love. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.983419
- Bode, A.**, & Kuula, L. (2021). Romantic Love and Sleep Variations: Potential Proximate Mechanisms and Evolutionary Functions. *Biology*, 10(9). doi:10.3390/biology10090923
- Bode, A.**, & Kushnick, G. (2021). Proximate and Ultimate Perspectives on Romantic Love. *Frontiers in Psychology*, 12(1088). doi:10.3389/fpsyg.2021.573123
- Dolan, K., Rodas, A., & **Bode, A.** (2015). Drug and alcohol use and treatment for Australian Indigenous and non-Indigenous prisoners: demand reduction strategies. *International Journal of Prisoner Health*, 11(1), 30-38. doi:10.1108/IJPH-02-2014-0005
- Hogan, A., **Bode, A.**, & Berry, H. (2011). Farmer Health and Adaptive Capacity in the Face of Climate Change and Variability. Part 2: Contexts, Personal Attributes and Behaviors. *International Journal of Environmental Research and Public Health*, 8(10). doi:10.3390/ijerph8104055
- Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). Decisions Made by Farmers That Relate to Climate Change. *Agricultural Science*, 23(1), 36-39. doi:10.3316/informit.977617084152339

Articles Submitted/ Under Review

- Kowal, M., Al-Shawaf, L., Varella, M. A. C., Valentova, J. V., Aguilar, L., . . . **Bode, A.**, . . . Sorokowski, P. (Under Review). Insights on the importance of physical attractiveness: Two-step cluster analysis on data from 93 countries. *Journal of Current Issues and Research in Advertising*.
- Bode, A.**, Kowal, M., Cannas Aghedu, F., & Kavanagh, P. S. (Submitted). Relationship Duration, Intensity of Romantic Love, Commitment, and Elevated Mood Do Not Predict Sexual Frequency Among Young Adults in the First Two Years of Romantic Love. *Psychological Science*.
- Bode, A.** & Kavanagh, P. S. (Under review). A cluster analytic study of partnered young adults in the first two years of romantic love. *Journal of Sex Research*.

Selected Manuscripts in Preparation

- Kowal, M., Sorokowski, P., Roberts, S. C., Misiak, M., **Bode, A.**, . . . Zumárraga-Espinosa, M. (In preparation). Predictors of romantic love experiences across a multitude of nationally representative samples.
- Bode, A.**, Kowal, M., Kuula, L., & Kavanagh, P. S. (In preparation). Predictors of self-reported need for less sleep among partnered young adults in the first two years of romantic love.
- Bode, A.**, Greenhill, S. J., Hendershott, R., & Balolia, K. (In preparation). Sequential evolution of monogamy, paternal investment, and territoriality in non-human primates.

Bode, A., Kowal, M., Kavanagh, P. S., & Acevedo, B. (In preparation). Predictors of long-term romantic love in an international sample of partnered young adults experiencing romantic love.

Bode, A., Kowal, M., Kavanagh, P. S., & Koppel, S. (In preparation). Predictors of self-reported riskier driving among young adults in the first two years of romantic love.

Bode, A., & Kavanagh, P. S. (In preparation). Biological sex and romantic love among partnered young adults in the first two years of being in love: A bottom-up evolutionary approach.

Bode, A., Kowal, M., Lombardi, M., Cannas Aghedu, F. & Kavanagh, P. S. (In preparation). SSRI use does not negatively affect the intensity of romantic love, obsessive thinking about a loved one, or commitment in young adults experiencing romantic love.

Commissioned Reports

Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). *Decisions Made by Farmers that Relate to Climate Change*. Canberra, Australia. Report commissioned by the the Rural Industries Research and Development Corporation.

Rodas, A., **Bode, A.**, & Dolan, K. (2011). *Supply, demand, and harm reduction strategies in Australian prisons: An update*. Civic Square, Australia. Report commissioned by the Australian National Council on Drugs.

Berry, H.L., **Bode, A.**, & Capon, T (2011). 'Mental health in Australia's million-plus cities: Social environments, physical environments and psychological dynamics.' Australian Government Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA) Social Policy Research Services Grant, FCH 2007/03e (Unpublished report).

Conference and Symposium Presentations

Bode, A., Kowal, M., & Kavanagh, P. S. (2022, October 27). *Time in love, but not relationship duration, predicts commitment in young adults experiencing romantic love*. Presentation at the 2023 loveresearch.info Symposium, Online.

Bode, A. (2023, June 1-4). *Romantic love evolved by co-opting mother-infant bonding*. Presentation at the Evolution 2023 Conference, Albuquerque/ Online.

Bode, A., & Kavanagh, P. S. (2023, April 20-23). *Biological sex and romantic love among partnered, English-speaking, young adults in the first two years of being in love: A bottom-up evolutionary approach*. Presentation at the NorthEastern Evolutionary Psychology Society Conference, New Paltz/ Online.

Bode, A. (2022, December 14-16). *Romantic love evolved by co-opting mother-infant bonding: Introducing a new model*. Presentation at the Australasian Evolution Society Conference, Canberra.

Bode, A. (2022, December 12-14). *Psychological and biological evidence suggests that romantic love evolved by co-opting mother-infant bonding*. Presentation at the Australasian Society for Human Biology Conference, Sydney/ Online.

Bode, A. (2022, November 25). *The theory of co-opting mother-infant bonding explains the mechanisms of romantic love*. Presentation at EPinOZ, Sydney/ Online.

Bode, A. (2022, October 7). *A new evolutionary model explains the mechanisms of romantic love*. Presentation at the loveresearch.info 2022 Romantic and Companionate Love Research Symposium, Online.

Bode, A., Berry, H. L., & Kelly, B. (2009, December 1-4). *Patterns and correlates of drinking and smoking in a rural sample reporting very low levels of psychological distress*. Presentation at the Australian Society for Psychiatric Research Annual Conference, Canberra.

Poster Presentations

Bode, A., Berry, H. L., Kelly, B., Coleman, C., & Stain, H. J. (2008, December 3-5). *Alcohol, tobacco, and mental health in a rural sample*. Poster presented at the Australasian Society for Psychiatric Research Annual Conference, Newcastle.

Theses

PhD thesis (Biological Anthropology)	In progress
Australian National University	
<i>Evolutionary perspectives on romantic love</i>	
Supervisor: Assoc Prof Phillip S. Kavanagh (University of Canberra)	
Honours thesis (Psychology)	2009
Australian National University	
<i>Drinking, smoking, and mental health in a rural sample reporting very low levels of psychological distress</i>	
Supervisor: Prof Helen E. Berry	

Datasets

Bode, A., & Kavanagh, P. S. (2022). *Romantic Love Survey 2022*. Retrieved from: <https://doi.org/10.15139/S3/WBVMFG>

Editorial Roles

Guest Editor Assistant	Behavioral Sciences	2023-2024
Advances in the Science of Mating, Love, and Attachment in Romantic Relationships		

Reviewer Roles

Personality and Individual Differences; Behavioral Sleep Medicine; International Journal of Prisoner Health; Journal of Family Psychology; International Journal of Environmental Research and Public Health

Service/ Other Contributions

loveresearch.info

June 2021-Present

Founder & Administrator

- Website creation and maintenance
- Monthly email update
- Symposia organiser (2022-2023)



Software Experience

SPSS; PROCESS; AMOS; R (Lavaan); BayesTraits; Qualtrics; SurveyMonkey; Covidence

Awards and Achievements

Journal issue cover article Behavioral Sciences v13(11)	2023
3rd place Student Podium Prize Australasian Society for Human Biology Conference	2022
Invitation to contribute to Rising Stars in Evolutionary Psychology 2022 Frontiers in Psychology: Evolutionary Psychology	2022

Scholarships

Australian Government Research Training Program Stipend Scholarship Australian Government	2021-2023
Australian Government Research Training Program Scholarship Australian Government	2020-2024

Media Articles

Bode, A. (2011). What is justice reinvestment. *Of Substance: The National Magazine on Alcohol, Tobacco and Other Drugs*, 9(1), 14-15.

Media Appearances or Interviews

Reloscope #28	Adam Bode: The Biology and Psychology of Romantic Love	June 2023
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Professional Development

Introduction to Genomic Technologies John Hopkins University	2023
Collaborate Effectively for Professional Success IBM	2023
Crowdfunding University of Pennsylvania	2023
Fundamental Neuroscience for Neuroimaging John Hopkins University	2023
New Supervisor Australian Institute of Management	2018

Professional Memberships

Association for Psychological Science
Australasian Society for Human Behaviour and Evolution
Australasian Society for Human Biology
Human Behavior and Evolution Society
International Association for Relationship Research
International Society for Human Ethology