

# Adam Bode

## Curriculum Vitae

**Affiliation:** School of Archaeology and Anthropology, Australian National University

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**Website:** adambode.net

**Google Scholar citations:** 192

**Languages:** English (Native), French (B1/B2)

## Education

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<b>PhD (Anthropology)</b> Australian National University	Expected completion June 2025
<b>Bachelor of Laws</b> Australian National University	2011
<b>Bachelor of Psychology (Honours)</b> Australian National University	2009

## Research Experience

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<b>Implementing Expanding Naloxone in the ACT Evaluation</b> <i>Research Assistant</i>	2014
<b>Australian Institute for Aboriginal and Torres Strait Islander Studies</b> <i>Grant Writer (Sole Trader)</i>	2012
<b>Australian National Council on Drugs</b> <i>Research Officer</i>	2009-2011
<b>Centre for Research and Action in Public Health</b> <i>Visiting Fellow</i> University of Canberra	2010
<b>National Centre for Epidemiology and Population Health</b> <i>Research Assistant</i> Australian National University	2008-2010
<b>National Drug and Alcohol Research Centre</b> <i>Survey Interviewer</i> University of New South Wales	2007-2010

## Peer Reviewed Journal Articles

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- Bode, A.** & Kavanagh, P. S. (In press). Romantic love and behavioral activation system sensitivity to a loved one. *Behavioral Sciences*.
- Kowal, M., Sorokowski, P., Dinić, B. M., Pisanski, K., Gjoneska, B., Frederick, D. A., . . . **Bode, A.** . . . Sternberg, R. J. (2023). Validation of the Short Version (TLS-15) of the Triangular Love Scale (TLS-45) across 37 Languages. *Archives of Sexual Behavior*. doi:10.1007/s10508-023-02702-7
- Bode, A.** (2023). Romantic love evolved by co-opting mother-infant bonding. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.1176067
- Bode, A.**, & Kowal, M. (2023). Toward consistent reporting of sample characteristics in studies investigating the biological mechanisms of romantic love. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.983419
- Bode, A.**, & Kuula, L. (2021). Romantic Love and Sleep Variations: Potential Proximate Mechanisms and Evolutionary Functions. *Biology*, 10(9). doi:10.3390/biology10090923
- Bode, A.**, & Kushnick, G. (2021). Proximate and Ultimate Perspectives on Romantic Love. *Frontiers in Psychology*, 12(1088). doi:10.3389/fpsyg.2021.573123
- Dolan, K., Rodas, A., & **Bode, A.** (2015). Drug and alcohol use and treatment for Australian Indigenous and non-Indigenous prisoners: demand reduction strategies. *International Journal of Prisoner Health*, 11(1), 30-38. doi:10.1108/IJPH-02-2014-0005
- Hogan, A., **Bode, A.**, & Berry, H. (2011). Farmer Health and Adaptive Capacity in the Face of Climate Change and Variability. Part 2: Contexts, Personal Attributes and Behaviors. *International Journal of Environmental Research and Public Health*, 8(10). doi:10.3390/ijerph8104055
- Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). Decisions Made by Farmers That Relate to Climate Change. *Agricultural Science*, 23(1), 36-39. doi:10.3316/informit.977617084152339

## Articles Submitted/ Under Review

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- Bode, A.** & Kavanagh, P. S. (Submitted). A cluster analytic study of partnered young adults in the first two years of romantic love. *American Journal of Human Biology*.
- Kowal, M., Sorokowski, P., Roberts, S. C., Misiak, M., **Bode, A.**, . . . Zumárraga-Espinosa, M. (Submitted). Predictors of romantic love experiences across a multitude of nationally representative samples (Registered report). *Nature Human Behaviour*.

## Manuscripts in Preparation

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- Kowal, M., Al-Shawaf, L., Varella, M. A. C., Valentova, J. V., Aguilar, L., . . . **Bode, A.**, . . . Sorokowski, P. (In preparation). Insights on the importance of physical attractiveness: Two-step cluster analysis on data from 93 countries.
- Bode, A.**, Kowal, M., Kuula, L., & Kavanagh, P. S. (In preparation). Predictors of self-reported need for less sleep among partnered young adults in the first two years of romantic love.
- Bode, A.**, Cannas Aghedu, F., Kowal, M., & Kavanagh, P. S. (In preparation). Predictors of sexual frequency among partnered, sexually active, young adults who are “in love”.

- Bode, A.**, Greenhill, S. J., Hendershott, R., & Balolia, K. (In preparation). Sequential evolution of monogamy, paternal investment, and territoriality in non-human primates.
- Bode, A.**, Kowal, M., Cannas Aghedu, F., Kavanagh, P. S., & Luoto, S. (In preparation). Romantic love and sexual orientation among young adults.
- Bode, A.**, Kowal, M., Kavanagh, P. S., & Acevedo, B. (In preparation). Predictors of long-term romantic love in an international sample of partnered young adults experiencing romantic love.
- Bode, A.**, Kowal, M., Kavanagh, P. S., & Koppel, S. (In preparation). Predictors of self-reported riskier driving among young adults in the first two years of romantic love.
- Bode, A.**, & Kavanagh, P. S. (In preparation). Biological sex and romantic love among partnered young adults in the first two years of being in love: A bottom-up evolutionary approach.
- Bode, A.**, & Kavanagh, P. S. (In preparation). No evidence that SSRI use negatively affects the intensity of romantic love, obsessive thinking, or commitment in young adults experiencing romantic love.

## Commissioned Reports

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- Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). *Decisions Made by Farmers that Relate to Climate Change*. Canberra, Australia. Report commissioned by the the Rural Industries Research and Development Coproration.
- Rodas, A., **Bode, A.**, & Dolan, K. (2011). *Supply, demand, and harm reduction strategies in Australian prisons: An update*. Civic Square, Australia. Report commissioned by the Australian National Council on Drugs.
- Berry, H.L., **Bode, A.**, & Capon, T (2011). 'Mental health in Australia's million-plus cities: Social environments, physical environments and psychological dynamics.' Australian Government Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA) Social Policy Research Services Grant, FCH 2007/03e (Unpublished report).

## Conference and Symposium Presentations

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- Bode, A.**, Kowal, M., & Kavanagh, P. S. (2022, October 27). *Time in love, but not relationship duration, predicts commitment in young adults experiencing romantic love*. Presentation at the 2023 loveresearch.info Symposium, Online.
- Bode, A.** (2023, June 1-4). *Romantic love evolved by co-opting mother-infant bonding*. Presentation at the Evolution 2023 Conference, Albuquerque/ Online.
- Bode, A.**, & Kavanagh, P. S. (2023, April 20-23). *Biological sex and romantic love among partnered, English-speaking, young adults in the first two years of being in love: A bottom-up evolutionary approach*. Presentation at the NorthEastern Evolutionary Psychology Society Conference, New Paltz/ Online.
- Bode, A.** (2022, December 14-16). *Romantic love evolved by co-opting mother-infant bonding: Introducing a new model*. Presentation at the Australasian Evolution Society Conference, Canberra.

**Bode, A.** (2022, December 12-14). *Psychological and biological evidence suggests that romantic love evolved by co-opting mother-infant bonding*. Presentation at the Australasian Society for Human Biology Conference, Sydney/ Online.

**Bode, A.** (2022, November 25). *The theory of co-opting mother-infant bonding explains the mechanisms of romantic love*. Presentation at EPinOZ, Sydney/ Online.

**Bode, A.** (2022, October 7). *A new evolutionary model explains the mechanisms of romantic love*. Presentation at the loveresearch.info 2022 Romantic and Companionate Love Research Symposium, Online.

**Bode, A., Berry, H. L., & Kelly, B.** (2009, December 1-4). *Patterns and correlates of drinking and smoking in a rural sample reporting very low levels of psychological distress*. Presentation at the Australian Society for Psychiatric Research Annual Conference, Canberra.

## Poster Presentations

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**Bode, A., Berry, H. L., Kelly, B., Coleman, C., & Stain, H. J.** (2008, December 3-5). *Alcohol, tobacco, and mental health in a rural sample*. Poster presented at the Australasian Society for Psychiatric Research Annual Conference, Newcastle.

## Theses

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**PhD thesis (Anthropology)** In progress  
Australian National University  
*Evolutionary perspectives on romantic love*  
Supervisor: Assoc Prof Phillip S. Kavanagh (University of Canberra)

**Honours thesis (Psychology)** 2009  
Australian National University  
*Drinking, smoking, and mental health in a rural sample reporting very low levels of psychological distress*  
Supervisor: Prof Helen E. Berry

## Datasets

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**Bode, A., & Kavanagh, P. S.** (2022). *Romantic Love Survey 2022*. Retrieved from:  
<https://doi.org/10.15139/S3/WBVMFG>

## Editorial Roles

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<b>Guest Editor Assistant</b> Advances in the Science of Mating, Love, and Attachment in Romantic Relationships	Behavioral Sciences	2023-2024
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## Reviewer Roles

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Personality and Individual Differences (2); Behavioral Sleep Medicine (2); International Journal of Prisoner Health (2); Journal of Family Psychology (1); International Journal of Environmental Research and Public Health (1)

## Service/ Other Contributions

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[loveresearch.info](http://loveresearch.info)

June 2021-Present

Founder & Administrator

- Website creation and maintenance
- Monthly email update
- Symposia organiser (2022-2023)



## Software Experience

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SPSS (PROCESS); AMOS; R (Lavaan); BayesTraits; Qualtrics; SurveyMonkey; Covidence

## Awards, Accolades, and Scholarships

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<b>3rd place Student Podium Prize</b> Australasian Society for Human Biology Conference	2022
<b>Invitation to contribute to Rising Stars in Evolutionary Psychology 2022</b> Frontiers in Psychology: Evolutionary Psychology	2022
<b>Australian Government Research Training Program Stipend Scholarship</b> Australian Government	2021-2023
<b>Australian Government Research Training Program Scholarship</b> Australian Government	2020-2024

## Media Articles

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**Bode, A.** (2011). What is justice reinvestment. *Of Substance: The National Magazine on Alcohol, Tobacco and Other Drugs*, 9(1), 14-15.

## Podcasts and Other Media Appearances

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Reloscope #28	Adam Bode: The Biology and Psychology of Romantic Love	June 2023
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## Professional Development

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<b>Introduction to Genomic Technologies</b> John Hopkins University	2023
<b>Collaborate Effectively for Professional Success</b> IBM	2023
<b>Crowdfunding</b> University of Pennsylvania	2023
<b>Fundamental Neuroscience for Neuroimaging</b> John Hopkins University	2023
<b>New Supervisor</b> Australian Institute of Management	2018

## Professional Memberships

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Association for Psychological Science  
Australasian Society for Human Behaviour and Evolution  
Australasian Society for Human Biology  
Human Behavior and Evolution Society