

# Adam Bode

## Curriculum Vitae

**Affiliation:** School of Archaeology and Anthropology, Australian National University

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**Website:** adambode.net

**Google Scholar citations:** 186

**Languages:** English (Native), French (B1/B2)

## Education

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<b>PhD (Anthropology)</b> Australian National University	Expected completion December 2024
<b>Bachelor of Laws</b> Australian National University	2011
<b>Bachelor of Psychology (Honours)</b> Australian National University	2009

## Research Experience

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<b>Implementing Expanding Naloxone in the ACT Evaluation</b> <i>Research Assistant</i>	2014
<b>Australian Institute for Aboriginal and Torres Strait Islander Studies</b> <i>Grant Writer (Sole Trader)</i>	2012
<b>Australian National Council on Drugs</b> <i>Research Officer</i>	2009-2011
<b>Centre for Research and Action in Public Health</b> <i>Visiting Fellow</i> University of Canberra	2010
<b>National Centre for Epidemiology and Population Health</b> <i>Research Assistant</i> Australian National University	2008-2010
<b>National Drug and Alcohol Research Centre</b> <i>Survey Interviewer</i> University of New South Wales	2007-2010

## Other Selected Professional Experience

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<b>Mental Health Foundation</b> <i>Recovery Mentor</i>	2018-Present
<b>ACT Health Directorate</b> <i>Senior Policy Officer</i> Alcohol and Other Drug Policy Unit	2015-2016
<b>ACT Education and Training Directorate</b> <i>Contractor</i> School Counselling	2014
<b>Alcohol Tobacco and Other Drug Association ACT</b> <i>Project Officer</i>	2012-2014
<b>ACT Community Services Directorate</b> <i>Project Manager</i> Youth Justice	2011-2012

## Articles Submitted/ Under Review

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- Bode, A.** & Kavanagh, P. S. (Under review). Romantic love and the behavioral activation system. *Behavioral Sciences*.
- Kowal, M., Al-Shawaf, L., Varella, M. A. C., Valentova, J. V., Aguilar, L., ... **Bode, A.**, ... Sorokowski, P. (Submitted). Insights on the importance of physical attractiveness: Two-step cluster analysis on data from 93 countries. *Journal of Economic Behavior and Organization*.
- Kowal, M., Sorokowski, P., Dinić, B. M., Pisanski, K., ... **Bode, A.**, ... Sternberg, R. (Under review). Validation of the Short Version (TLS-15) of the Triangular Love Scale (TLS-45) across 37 Languages. *Archives of Sexual Behavior*.

## Peer Reviewed Journal Articles

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- Bode, A.** (In press). Romantic love evolved by co-opting mother-infant bonding. *Frontiers in Psychology*.
- Bode, A.**, & Kowal, M. (2023). Toward consistent reporting of sample characteristics in studies investigating the biological mechanisms of romantic love. *Frontiers in Psychology*, 14. doi:10.3389/fpsyg.2023.983419
- Bode, A.**, & Kuula, L. (2021). Romantic Love and Sleep Variations: Potential Proximate Mechanisms and Evolutionary Functions. *Biology*, 10(9). doi:10.3390/biology10090923
- Bode, A.**, & Kushnick, G. (2021). Proximate and Ultimate Perspectives on Romantic Love. *Frontiers in Psychology*, 12(1088). doi:10.3389/fpsyg.2021.573123
- Dolan, K., Rodas, A., & **Bode, A.** (2015). Drug and alcohol use and treatment for Australian Indigenous and non-Indigenous prisoners: demand reduction strategies. *International Journal of Prisoner Health*, 11(1), 30-38. doi:10.1108/IJPH-02-2014-0005

- Hogan, A., **Bode, A.**, & Berry, H. (2011). Farmer Health and Adaptive Capacity in the Face of Climate Change and Variability. Part 2: Contexts, Personal Attributes and Behaviors. *International Journal of Environmental Research and Public Health*, 8(10). doi:10.3390/ijerph8104055
- Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). Decisions Made by Farmers That Relate to Climate Change. *Agricultural Science*, 23(1), 36-39. doi:10.3316/informit.977617084152339

## Manuscripts in Preparation

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- Bode, A.**, Kowal, M., Kuula, L., & Kavanagh, P. S. (In preparation). Predictors of self-reported need for less sleep among partnered young adults in the first two years of romantic love.
- Bode, A.**, Cannas Aghedu, F., Kowal, M., & Kavanagh, P. S. (In preparation). Predictors of sexual frequency among partnered, sexually active, young adults who are “in love”.
- Bode, A.**, Greenhill, S. J., Hendershott, R., & Balolia, K. (In preparation). Sequential evolution of monogamy, paternal investment, and territoriality in non-human primates.
- Bode, A.**, Kowal, M., Cannas Aghedu, F., Kavanagh, P. S., & Luoto, S. (In preparation). Romantic love and sexual orientation among young adults.
- Bode, A.**, Kowal, M., Kavanagh, P. S., & Acevedo, B. (In preparation). Predictors of long-term romantic love in an international sample of partnered young adults experiencing romantic love.
- Bode, A.**, Kowal, M., Kavanagh, P. S., & Koppel, S. (In preparation). Predictors of self-reported riskier driving among young adults in the first two years of romantic love.
- Bode, A.**, & Kavanagh, P. S. (In preparation). Biological sex and romantic love among partnered young adults in the first two years of being in love: A bottom-up evolutionary approach.
- Bode, A.**, & Kavanagh, P. S. (In preparation). Time in love predicts commitment better than relationship duration among young adults in the first two years of romantic love.
- Bode, A.**, Meltzer, A. L., Cannas Aghedu, F., & Kavanagh, P. S. (In preparation). Time since sex and commitment among young adults in the first two years of romantic love.
- Bode, A.**, & Kavanagh, P. S. (In preparation). No evidence that SSRI use negatively affects the intensity of romantic love, obsessive thinking, or commitment in young adults experiencing romantic love.

## Commissioned Reports

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- Hogan, A., Berry, H. L., Ng, S. P., & **Bode, A.** (2011). *Decisions Made by Farmers that Relate to Climate Change*. Canberra, Australia. Report commissioned by the the Rural Industries Research and Development Coproration.
- Rodas, A., **Bode, A.**, & Dolan, K. (2011). *Supply, demand, and harm reduction strategies in Australian prisons: An update*. Civic Square, Australia. Report commissioned by the Australian National Council on Drugs.

Berry, H.L., **Bode, A.**, & Capon, T (2011). 'Mental health in Australia's million-plus cities: Social environments, physical environments and psychological dynamics.' Australian Government Department of Families, Housing, Community Services and Indigenous Affairs (FaHCSIA) Social Policy Research Services Grant, FCH 2007/03e (Unpublished report).

## Conference and Symposium Presentations

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**Bode, A.** (2023, June 1-4). *Romantic love evolved by co-opting mother-infant bonding*. Presentation at the Evolution 2023 Conference, Albuquerque/ Online.

**Bode, A.**, & Kavanagh, P. S. (2023, April 20-23). *Biological sex and romantic love among partnered, English-speaking, young adults in the first two years of being in love: A bottom-up evolutionary approach*. Presentation at the NorthEastern Evolutionary Psychology Society Conference, New Paltz/ Online.

**Bode, A.** (2022, December 14-16). *Romantic love evolved by co-opting mother-infant bonding: Introducing a new model*. Presentation at the Australasian Evolution Society Conference, Canberra.

**Bode, A.** (2022, December 12-14). *Psychological and biological evidence suggests that romantic love evolved by co-opting mother-infant bonding*. Presentation at the Australasian Society for Human Biology Conference, Sydney/ Online.

**Bode, A.** (2022, November 25). *The theory of co-opting mother-infant bonding explains the mechanisms of romantic love*. Presentation at EPinOZ, Sydney/ Online.

**Bode, A.** (2022, October 7). *A new evolutionary model explains the mechanisms of romantic love*. Presentation at the loveresearch.info 2022 Romantic and Companionate Love Research Symposium, Online.

**Bode, A.**, Berry, H. L., & Kelly, B. (2009, December 1-4). *Patterns and correlates of drinking and smoking in a rural sample reporting very low levels of psychological distress*. Presentation at the Australian Society for Psychiatric Research Annual Conference, Canberra.

## Poster Presentations

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**Bode, A.**, Berry, H. L., Kelly, B., Coleman, C., & Stain, H. J. (2008, December 3-5). *Alcohol, tobacco, and mental health in a rural sample*. Poster presented at the Australasian Society for Psychiatric Research Annual Conference, Newcastle.

## Theses

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### PhD thesis (Anthropology)

Australian National University

### *Evolutionary perspectives on romantic love*

Supervisor: Assoc Prof Phillip S. Kavanagh (University of Canberra)

In progress

**Honours thesis (Psychology)** 2009  
Australian National University  
*Drinking, smoking, and mental health in a rural sample reporting very low levels of psychological distress*  
Supervisor: Prof Helen E. Berry

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## Datasets

**Bode, A., & Kavanagh, P. S. (2022).** *Romantic Love Survey 2022*. Retrieved from:  
<https://doi.org/10.15139/S3/WBVMFG>

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## Editorial Roles

<b>Guest Editor Assistant</b> Biological Perspectives and Love, Attachment, and Social Processes	Behavioral Sciences	2023
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## Reviewer Roles

Personality and Individual Differences (2); Behavioral Sleep Medicine (2); International Journal of Prisoner Health (2); Journal of Family Psychology (1)

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## Service/ Other Contributions

<a href="http://loveresearch.info">loveresearch.info</a> Founder & Administrator	June 2021-Present
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- Website creation and maintenance
- Monthly email update
- Symposia organiser (2022-2023)



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## Software Experience

SPSS (PROCESS); AMOS; R (Lavaan); BayesTraits; Qualtrics; SurveyMonkey; Covidence

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## Awards, Accolades, and Scholarships

<b>3rd place Student Podium Prize</b> Australasian Society for Human Biology Conference	2022
<b>Invitation to contribute to Rising Stars in Evolutionary Psychology 2022</b> Frontiers in Psychology: Evolutionary Psychology	2022

<b>Australian Government Research Training Program Stipend Scholarship</b> Australian Government	2021-2023
<b>Australian Government Research Training Program Scholarship</b> Australian Government	2020-2024

## Media Articles

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**Bode, A.** (2011). What is justice reinvestment. *Of Substance: The National Magazine on Alcohol, Tobacco and Other Drugs*, 9(1), 14-15.

## Podcasts and Other Media Appearances

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Reloscope #28	Adam Bode: The Biology and Psychology of Romantic Love	June 2023
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## Professional Development

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<b>Introduction to Genomic Technologies</b> John Hopkins University	2023
<b>Collaborate Effectively for Professional Success</b> IBM	2023
<b>Crowdfunding</b> University of Pennsylvania	2023
<b>Fundamental Neuroscience for Neuroimaging</b> John Hopkins University	2023
<b>New Supervisor</b> Australian Institute of Management	2018

## Professional Memberships

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Association for Psychological Science  
Australasian Society for Human Behaviour and Evolution  
Australasian Society for Human Biology  
Australian Society for French Studies  
Cultural Evolution Society  
Human Behavior and Evolution Society  
International Association for Relationship Research